

**I HATE  
SWIMMING!**

# Rivers carry **litter** **to the ocean.**

North America's massive river network carries our litter all the way to the ocean. On its journey, litter harms wildlife and pollutes our water. But it's easy to prevent! Use a trash can to keep your litter out of the environment.

Follow your trash's journey at  
[www.laststoptheocean.com](http://www.laststoptheocean.com)

